



BODLONDEB
STUDIO & RETREAT

Food for your retreat

Healthy.
Wholesome.
Fresh.

We understand the power food has
to bring people together.

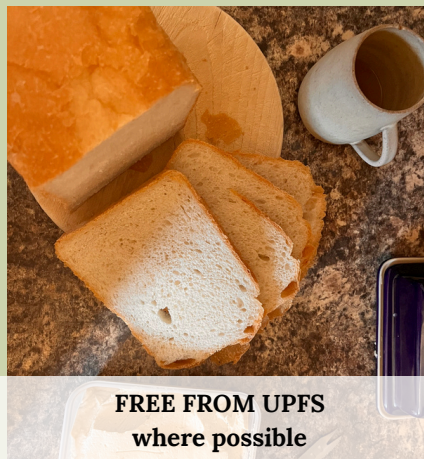
Catering for your retreat would be
an honour.



Bespoke catering packages



LOCALLY SOURCED
where possible



FREE FROM UPFS
where possible



HOMEMADE
where possible



07988850107



stephanie@bodlondebretreat.co.uk



Bodlondeb Studio & Retreat, Dinmael, Corwen, LL21 0NY

Part of the family

www.bodlondebretreat.co.uk



Just for you

Iain used to be a chef before he hung up his whites to become the stay-at-home-dad for our boys. The time has come where both boys have started school and he has some capacity to slip back into his whites!

We are doing what we can to reduce the amount of Ultra Processed foods we eat. Therefore, where possible, food is locally sourced, homemade and seasonal.

For example Iain makes the hummus, bread, wraps and tomato sauce himself.

We are happy to cater to most needs including vegan, vegetarian, gluten and dairy free.

We are open to discuss your needs and create a bespoke package for you.



"The food Iain provided was amazing & we all left wanting recipes, it was so good. And he looked after us so well." ~ Lyndsey, Amethyst Holistic Therapies.

Everything Covered

Fri-Sun

Food provided for
breakfast & lunch

Two cooked meals
inc plates taken away

£600 for up to 8 people

Half covered

Two cooked meals
inc plates taken away

£350 for up to 8 people

Make It Yourself

Fri-Sun

Breakfast, lunch & dinner
ingredients & recipes provided

You make the meals as a family.

£370 for up to 8 people



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A space you can call home.